

Swim Lesson Schedule

June – August 2019

Class Description

Learn to Swim - Level 1: Introduction to Water Skills
No prerequisites; Orient participants to the aquatic environment and help them gain basic aquatic skills, develop positive attitudes and safe practices around water.

Session Dates:	Days	Times	Cost	Payment Deadline
June 3-13, 2019	M/T/W/Th	11:00 am - 11:30 am	\$30.00	May 31 by 4 pm
June 17-27, 2019	M/T/W/Th	9:50 am - 10:20 am	\$30.00	June 14 by 4 pm
July 8 - 18, 2019	M/T/W/Th	11:00 am - 11:30 am	\$30.00	July 5 by 4 pm
July 22 - Aug 1, 2019	M/T/W/Th	9:50 am - 10:20 am	\$30.00	July 19 by 4 pm
Aug 5 - Aug 15, 2019	M/T/W/Th	9:50 am - 10:20 am	\$30.00	Aug 2 by 4 pm

Learn to Swim - Level 2: Fundamental Aquatic Skills
Prerequisite - Level 1; Build on basic aquatic skills and water safety skills and concepts learned in Level 1

Session Dates:	Days	Times	Cost	Payment Deadline
June 3-13, 2019	M/T/W/Th	10:25 am - 10:55 am	\$30.00	May 31 by 4 pm
June 17-27, 2019	M/T/W/Th	11:00 am - 11:30 am	\$30.00	June 14 by 4 pm
July 8 - 18, 2019	M/T/W/Th	10:25 am - 10:55 am	\$30.00	July 5 by 4 pm
July 22 - Aug 1, 2019	M/T/W/Th	11:00 am - 11:30 am	\$30.00	July 19 by 4 pm
Aug 5 - Aug 15, 2019	M/T/W/Th	10:25 am - 10:55 am	\$30.00	Aug 2 by 4 pm

Learn to Swim - Level 3: Stroke Development
Prerequisite - Level 2; Build on basic aquatic skills and water safety skills and concepts learned in Level 1 & 2, achieve basic water competency in pool environment

Session Dates:	Days	Times	Cost	Payment Deadline
June 3-13, 2019	M/T/W/Th	9:50 am - 10:20 am	\$30.00	May 31 by 4 pm
June 17-27, 2019	M/T/W/Th	10:25 am - 10:55 am	\$30.00	June 14 by 4 pm
July 8 - 18, 2019	M/T/W/Th	9:50 am - 10:20 am	\$30.00	July 5 by 4 pm
July 22 - Aug 1, 2019	M/T/W/Th	10:25 am - 10:55 am	\$30.00	July 19 by 4 pm
Aug 5 - Aug 15, 2019	M/T/W/Th	9:50 am - 10:20 am	\$30.00	Aug 2 by 4 pm

Learn to Swim - Level 4: Stroke Improvement
Prerequisite - Level 3; Improving proficiency in performing swimming strokes introduced in Level 3.

Session Dates:	Days	Times	Cost	Payment Deadline
June 3-13, 2019	M/T/W/Th	9:10 am - 9:40 am	\$30.00	May 31 by 4 pm
June 17-27, 2019	M/T/W/Th	11:35 am - 11:55 am	\$30.00	June 14 by 4 pm
July 8 - 18, 2019	M/T/W/Th	9:10 am - 9:40 am	\$30.00	July 5 by 4 pm
July 22 - Aug 1, 2019	M/T/W/Th	11:35 am - 11:55 am	\$30.00	July 19 by 4 pm
Aug 5 - Aug 15, 2019	M/T/W/Th	9:10 am - 9:40 am	\$30.00	Aug 2 by 4 pm

Learn to Swim - Level 5: Stroke Refinement
Prerequisite - Level 4; Refine performance of all six swimming strokes (front crawl, back crawl, butterfly, breaststroke, elementary backstroke, and sidestroke)

Session Dates:	Days	Times	Cost	Payment Deadline
June 3-13, 2019	M/T/W/Th	8:35 am - 9:05 am	\$30.00	May 31 by 4 pm
June 17-27, 2019	M/T/W/Th	8:00 am - 8:30 am	\$30.00	June 14 by 4 pm
July 8 - 18, 2019	M/T/W/Th	8:35 am - 9:05 am	\$30.00	July 5 by 4 pm
July 22 - Aug 1, 2019	M/T/W/Th	8:00 am - 8:30 am	\$30.00	July 19 by 4 pm
Aug 5 - Aug 15, 2019	M/T/W/Th	8:35 am - 9:05 am	\$30.00	Aug 2 by 4 pm

Learn to Swim - Level 6: Swimming & Skill Proficiency
Prerequisite - Level 5; Refine to swim with great efficiency and effectiveness over longer distances, teach how to prevent aquatic emergencies in various situations, practice self-rescue techniques, fundamental diving techniques

Session Dates:	Days	Times	Cost	Payment Deadline
June 3-13, 2019	M/T/W/Th	8:00 am - 8:30 am	\$30.00	May 31 by 4 pm
June 17-27, 2019	M/T/W/Th	8:35 am - 9:05 am	\$30.00	June 14 by 4 pm
July 8 - 18, 2019	M/T/W/Th	8:00 am - 8:30 am	\$30.00	July 5 by 4 pm
July 22 - Aug 1, 2019	M/T/W/Th	8:35 am - 9:05 am	\$30.00	July 19 by 4 pm
Aug 5 - Aug 15, 2019	M/T/W/Th	8:00 am - 8:30 am	\$30.00	Aug 2 by 4 pm

PreSchool Aquatics
No Prerequisite; enter water independently, submerging mouth and blowing bubbles for 3 seconds, floating on back, gliding, exiting water safety. (Appropriate for 5 and under)

Session Dates:	Days	Times	Cost	Payment Deadline
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June 17-27, 2019	M/T/W/Th	9:10 am - 9:40 am	\$30.00	June 14 by 4 pm
July 8 - 18, 2019	M/T/W/Th	11:35 am - 11:55 am	\$30.00	July 5 by 4 pm
July 22 - Aug 1, 2019	M/T/W/Th	9:10 am - 9:40 am	\$30.00	July 19 by 4 pm
Aug 5 - Aug 15, 2019	M/T/W/Th	11:35 am - 11:55 am	\$30.00	Aug 2 by 4 pm

Parent/Child Aquatics
No Prerequisite; parents will participate in the pool to introduce their infant/toddler to the water in a safe environment. (Children not yet potty trained will be required to wear appropriate swim diapers.)

Session Dates:	Days	Times	Cost	Payment Deadline
June 3-13, 2019	M/T/W/Th	6:00 pm - 6:25 pm	\$30.00	May 31 by 4 pm
June 17-27, 2019	M/T/W/Th	5:30 pm - 5:55 pm	\$30.00	June 14 by 4 pm
July 8 - 18, 2019	M/T/W/Th	6:00 pm - 6:25 pm	\$30.00	July 5 by 4 pm
July 22 - Aug 1, 2019	M/T/W/Th	5:30 pm - 5:55 pm	\$30.00	July 19 by 4 pm
Aug 5 - Aug 15, 2019	M/T/W/Th	6:00 pm - 6:25 pm	\$30.00	Aug 2 by 4 pm

Adult Swim - Learning the Basic Skills

Ages 17 and up

Session Dates:	Days	Times	Cost	Payment Deadline
June 3-13, 2019	M/T/W/Th	5:30 pm - 5:55 pm	\$30.00	May 31 by 4 pm
June 17-27, 2019	M/T/W/Th	6:00 pm - 6:25 pm	\$30.00	June 14 by 4 pm
July 8 - 18, 2019	M/T/W/Th	5:30 pm - 5:55 pm	\$30.00	July 5 by 4 pm
July 22 - Aug 1, 2019	M/T/W/Th	6:00 pm - 6:25 pm	\$30.00	July 19 by 4 pm
Aug 5 - Aug 15, 2019	M/T/W/Th	5:30 pm - 5:55 pm	\$30.00	Aug 2 by 4 pm

Important Information:

PreRegister Early for best selection on class days/times! Registration is considered complete once fees have been paid.
 Parents may attend classes and be on the pool deck, but please stand back from the class so the Instructor can have the full attention of your child.
 If weather or other conditions affect class schedule, the Instructor will plan a make-up class for your child.
 If your child cannot attend a scheduled class, you cannot attend class at a different session as a make up in order to maintain Instructor/Child ratio.
 Classes may be cancelled due to low registration.

Register by calling 845-2102, emailing pool@westriv.com, or online at www.cityofmbridge.com